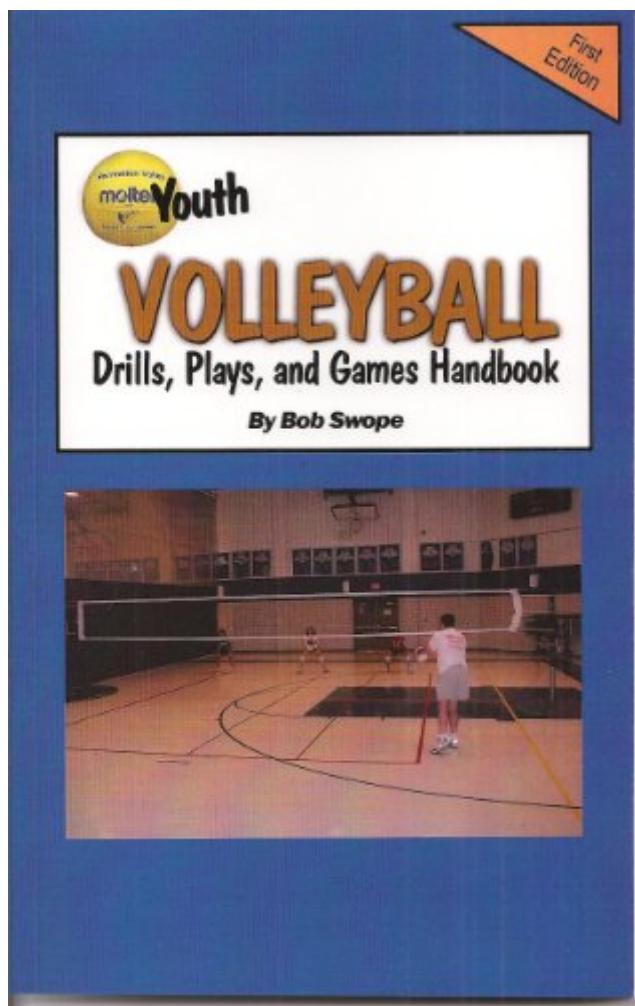


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Youth Volleyball Drills, Plays, And Games Handbook Free Flow Version (Drills And Plays 7)



Synopsis

This is a practical handbook for youth Volleyball coaches. It is similar to out paperback style book, except the text and pictures are "Free Flowing" pages. It has the same 210 drills, plays and games with explanations and pictures. And these are also numbered for easy reference between coaches. It covers all the offensive and defensive fundamentals you will need to get started.

Book Information

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